

Robbins Nest



OCTOBER 2023

NEWSLETTER

Child Care Services

IMPORTANT DATES:

October 28th: Tour Day

October 31st: Halloween nursery costume day

Upcoming

Nov. 3- Nov. 6: Closed for vacation

Thank you for reading Robbins Nest Child Care Services very first newsletter! Happy October! It is spooky season, and we are fully decorated. Halloween is approaching and we are looking forward to celebrating. We will be doing costume day on Tuesday, 10/31. We will be taking photos and doing themed crafts, so you have a frightfully fun memories to take home. Participation is not required. If you do not have a costume handy, ask us about our costumes. We have some available to use for the day.

We have a nursery opening for January 2024 and we are holding Tour Day on Saturday, 10/28. We still have a few time slots remaining. If you know anyone who may be interested in touring, please share.

NURSERY UPDATES

Brightwheel has some new features! Now, parents can upload “activities” to their child’s profile. This can be helpful for communicating wake-up times, morning feedings, or general notes that are pertinent for the day ahead. This means you don’t have to remember it all at drop-off. Have questions about how to do this? Ask Keri for a demonstration.



UPCOMING EVENTS

STAR WARS HALLOWEEN SPOOKTACULAR!

WITH REAL STAR WARS CHARACTERS FROM THE 501ST LEGION!
WEAR YOUR HALLOWEEN COSTUME.
SPOOKY STORYTIME, MONSTER HUNT, & TREATS!

OCTOBER 31ST | 4:00P-7:00P

LOCATED AT THE 45 RANCH LIBRARY
10433 RESERVE DR, SAN DIEGO, CA, UNITED STATES, CALIFORNIA

FOR CHILDREN

BERNARDO WINERY FALL ARTS & CRAFTS FAIR

ALL-ARTISAN FAIR, HAND-CRAFTED AND SOLD BY THE ARTISTS AND CRAFTERS THEMSELVES.
OUTSIDE WINE BARS, A FOOD COURT AND
OVER 125 VENDORS FROM ACROSS SOUTHERN CAL AND MUCH MORE! ADMISSION IS FREE. FAMILIES WELCOME!

OCTOBER 21ST AND 22ND, 2023, 10-5 PM

13330 PASEO DEL VERANO NORTE, SAN DIEGO, CA 92128

FOR PARENTS

WRITTEN BY: KERI ROBBINS



LEARNING & DEVELOPMENT

“Play is the highest form of research.”

-Albert Einstein

Here are some activities suggested by the CDC Milestones app that you can do with your child this month to encourage their development:

6-9 Months

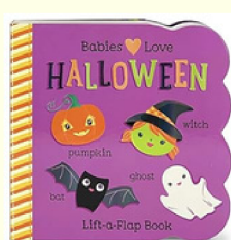
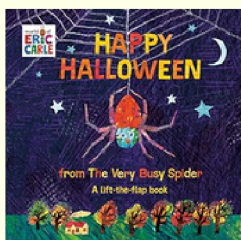
- Stay close to your baby but let them explore.
- Repeat sounds your baby makes and say simple words that match the sound. For example, if baby says “baba” you can repeat “baba” and say “ball.”
- Place toys a little out of reach & encourage your baby to crawl to get them. Celebrate when they reach them.

12-18 Months

- Sing songs with gestures, such as “Wheels on the Bus” or “Itsy Bitsy Spider.” See if your child tries to do some of the actions.
- Tell your child the names of objects when they point to them and wait a few seconds to see if they make any sound, acknowledge the sound and repeat the name again. “Yes! Cup!”
- Sing or play children’s songs and songs your family enjoys. Dance around with your child.

READING CORNER

Reading storybooks to children is one of the most important activities for developing the knowledge required for eventual success in reading. Read to your child daily; reading books during your child’s bedtime routine is a great place to start. Here are some books we are reading this month:



SAFETY FIRST

6-9 months:

Ensure your baby’s sleep environment is safe. Use sleep surfaces approved for infants. The mattress should have only a fitted sheet with nothing extra in the bed. If using a crib, ensure the mattress is lowered since your baby can now sit and /or stand.



12-18 months:

Have a “yes” space for your toddler. Toddlers are very curious and will want to explore everything within their reach. It can be frustrating to have to repeat the words “no” or “stop” often. Having a space where your toddler can explore freely, walk and climb safely, and can be left to play independently for a short time is very helpful. Ensure all choking and strangulation hazards are removed. Cover outlets and keep electrical devices out of reach. Ensure any large bookcases or dresser type items are secured to the wall with a safety strap. Remove anything breakable from the area.

Gentle Sleep Tip

Have steady routines for sleeping and feeding. Create a calm, quiet bedtime routine for your child. Ex. milk, Pjs, brush teeth, books, in bed. Consistency make it easier!

WRITTEN BY: KERI ROBBINS