

Robbins Nest



JUNE 2024

NEWSLETTER

Child Care Services



IMPORTANT DATES:

June 16: Father's Day

June 19: Juneteenth
(CLOSED)

June is a month of celebration and reflection as we honor both Pride and Juneteenth. Pride Month commemorates the Stonewall Riots of 1969, a pivotal moment in the LGBTQ+ rights movement, promoting acceptance, love, and the ongoing fight for equality. Juneteenth, observed on June 19th, marks the emancipation of the last enslaved African Americans in 1865, celebrating freedom, resilience, and African American culture. Together, these observances remind us of the importance of inclusion, justice, and the progress made towards a more equitable society.

UPCOMING EVENTS

SD COUNTY FAIR

The annual San Diego County fair is back at the Del Mar Fairgrounds! This year's theme is "Let's Go Retro!"

June 12th-July 7th

\$16-\$25 for General Admission; kids under 5 years are FREE

FOR FAMILIES

FOR FAMILIES

SAN DIEGO SAFARI PARK

EARLY HOURS

Join Keri and Sean for a walk around the Safari Park on Sunday morning at 8:00am!

Text Keri for more details. Note: Early hours entry is for pass holders only.

Regular admission starts at 9:00am.

Sunday, June 9th

NURSERY UPDATES

Last month we said goodbye to one of our littles. Baby E started with us in January of this year and was such a joy to have. She made great friends with all the other babies, and we will all miss her and her family. Soon we will have a new enrollee; alumni baby H's little brother. We can't wait to have our first sibling at Robbins Nest!

Tortellini the turtle got some tank mates! As a way to help keep the aquarium clean, we added some ghost shrimp and four aquatic snails. So far, the snails have laid four clutches of eggs. We are learning more and more about these critters and how to best maintain the aquarium to keep everyone happy.

WRITTEN BY: KERI ROBBINS

LEARNING & DEVELOPMENT

Here are some summertime activities you can do with your young child this month to encourage their development and help them reach their milestones:

6-9 Months

- Set up a shallow container of water in a shaded outdoor area and add various safe, colorful objects like rubber ducks, floating balls, and cups. Allow baby to splash, grasp, and interact with the objects. This activity stimulates their sensory development through the different textures and temperatures, enhances fine motor skills as they reach and grasp the toys, and supports cognitive development by exploring cause and effect, such as what happens when they splash or move objects in the water. Always supervise your child around water.

9-12 Months

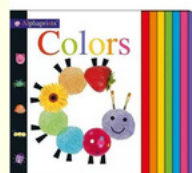
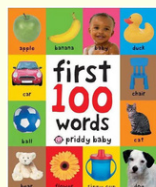
- Do a backyard exploration and “treasure hunt.” Set up a small, safe, and enclosed area outdoors with a variety of objects and textures for baby to explore. You can include soft blankets, different textured toys, a small bucket of water with floating toys, and some sensory bottles filled with colorful beads or water and glitter. Hide a few simple “treasures” like large plastic rings or brightly colored balls for the baby to find. This activity encourages gross motor development as the baby crawls and moves around to explore different areas. It also promotes fine motor skills as they pick up and examine the treasures and objects.

12-18 Months

- Take your toddler on a walk in a safe, natural environment like a park, garden, or even your backyard. Prepare a simple scavenger hunt list with pictures of common items such as a leaf, flower, rock, bird, and butterfly. Provide a small basket or bag for collecting non-living items like leaves or rocks. This activity encourages physical development as toddlers walk, bend, and reach to collect items, enhancing their gross motor skills and coordination. It promotes cognitive development as they learn to identify and match objects with pictures, improving their observational skills and understanding of the natural world. Language skills are developed through naming and talking about the items they find. Additionally, the scavenger hunt nurtures curiosity and exploration, fostering a sense of adventure and discovery!

READING CORNER

Reading to infants provides the building blocks they need for language development as well as equips them with the tools they require to develop social and emotional skills. Here are some books we are reading this month:



SAFETY FIRST (SUMMERTIME EDITION)

Ensuring water safety for infants and toddlers involves several crucial precautions. Applying a broad-spectrum sunscreen with a high SPF is essential to protect their sensitive skin from harmful UV rays, remembering to reapply it frequently, especially after swimming. Choosing a brightly colored swimsuit enhances visibility in the water, making it easier to keep an eye on them. Utilizing safety devices such as appropriately sized life jackets or floatation devices can provide added security, but they should never be relied upon as the sole safety measure. Constant supervision by an adult is paramount, as young children can quickly get into trouble in or near water. Parents and caregivers should be trained in CPR, as this knowledge can be lifesaving in the event of an emergency. Combining these precautions helps create a safer environment for young children to enjoy the water.

GENTLE SLEEP TIP

Some children may have successfully been sleeping through the night and then all of a sudden, they don't. This can be confusing and frustrating for many parents. If this is happening to you, I encourage you to think back to what your routine was when your little one was sleeping through the night. Notice if anything has changed. Did they start napping less? Did bedtime routine or bed time change? It can be helpful to go back to basics and ensure your little one is being set up for a good night's sleep!

WRITTEN BY: KERI ROBBINS