

Robbins Nest

MAY 2025

NEWSLETTER

Child Care Services

IMPORTANT DATES:

May 5: Cinco de Mayo

May 11: Mother's Day

May 26: CLOSED for
Memorial Day



Welcome to our May Newsletter! May is a month full of meaning and renewal. As spring blossoms and the days grow warmer, we take time to celebrate the vibrant heritage of Cinco de Mayo, honoring the resilience and culture of the Mexican community. We also recognize the incredible love, strength, and dedication of mothers everywhere on Mother's Day. And as Memorial Day approaches, we pause to remember and honor the brave men and women who have served our country, whose sacrifices continue to shape our freedom and history. This season reminds us to grow with gratitude and to hold space for celebration, reflection, and connection.

UPCOMING EVENT

SELF-LED PARENTING: HOW
INTERNAL FAMILY SYSTEMS
CAN TRANSFORM YOUR
FAMILY'S LIFE

May 1 at 11 AM PT (online)

I encourage you to join for what will be a very special class, one that will help you create a shared language of compassion in your family.

More info can be found on our website

FOR CHILDREN

NURSERY UPDATES

Happy 1st Birthday, Tortellini turtle!

It's hard to believe it's been a year since we rescued our tiny red-eared slider from the community pool. He's grown so much, and we've learned a lot about caring for him and creating a thriving little ecosystem. Fun fact: red-eared sliders can live up to 30 years—so Tortellini's just getting started! He's eaten all his ghost shrimp, but still shares his tank with a few apple snails. We love watching him swim, eat, and grow!

WRITTEN BY: KERI ROBBINS



LEARNING & DEVELOPMENT

“The path of development is a journey of discovery that is clear only in retrospect, and it’s rarely a straight line.”

— Eileen Kennedy-Moore

Here are some activities suggested by the CDC Milestones app that you can do with your child this month to encourage their development:

6-9 Months

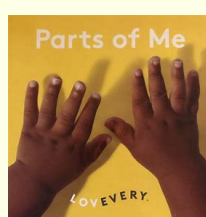
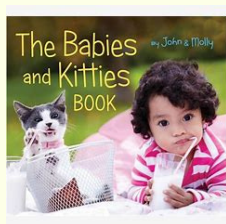
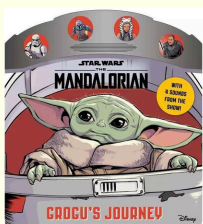
- Teach your baby to wave “bye-bye” or shake their head “no.” For example, wave and say “bye-bye” when you are leaving. You can also teach simple baby sign language to help your baby tell you what they want before they can use words.
- Play games with your baby, such as “My Turn, Your Turn”. Try this by passing a toy back and forth.
- Ask for behaviors that you want, rather than what you don’t. For example, instead of saying “don’t stand,” say “time to sit.”

12-18 Months

- Use positive words and give more attention to behaviors you want to see (“wanted behaviors”). For example, “Look how nicely you put the toy away.” Give less attention to those you don’t want to see.
- Have steady routines for sleeping and eating. For example, sit at the table with your child when she’s eating meals and snacks. This helps set mealtime routines for your family.
- Give toys that your child can push or pull safely.

READING CORNER

Did you know children who are read to for 20 minutes a day are exposed to 1.8 million words per year? Here are some books we are reading this month:



SAFETY FIRST

6-9 Months:

Stay close as your baby explores your home, ensuring they sense your presence. Watch for safety hazards and identify areas needing baby-proofing. Establishing a “yes” zone can reduce risks and frustration.



12-18 Months:

As the weather starts to warm up, it’s nearly time to enjoy the outdoors. If you’re planning to take your little one near water, remember to follow essential safety tips to ensure their protection. Always keep a watchful eye on children when they are in or around water, avoiding distractions. Maintain a close distance, keeping them within arm’s reach of an adult. After use, promptly empty tubs, buckets, containers, and children’s pools, and store them upside down and out of reach. Children in baby bath seats and rings require constant supervision. Additionally, ensure that lids and doors are closed to prevent unsupervised access to any water sources.

GENTLE SLEEP TIP

It’s never too late to enhance your child’s sleep. Although beginning early can make the journey a bit smoother, older children can still acquire the skills to sleep independently. Keri is certified to assist children from newborns to 6 years old. If you need sleep support, don’t hesitate to get in touch!

WRITTEN BY: KERI ROBBINS